

Know the Signs of Overdose

Save a Life Call 911

1 Know the Signs of Overdose. Save a Life.

Signs of opioid overdose may include:

- Person won't wake up.
- No response to yelling.
- Clammy, cool skin.
- Blue lips or fingernails.
- Shallow, slow breathing.
- Pinpoint pupils.
- Slow pulse or heart rate.
- Seizures or convulsions.
- No response to knuckles being rubbed hard on breastbone.

(Opioids include: heroin, OxyContin, methadone, morphine, Percocet, fentanyl, and Vicodin.)

2 Call 911. An Overdose Is a Medical Emergency.

An opioid overdose can cause coma and death within a short time. A medication called Narcan can reverse an overdose and save a life.

When you call 9-1-1:

- Give the address.
- Tell them it's an overdose so they can bring Narcan or say, "My friend is not waking up."
- Stay with the person.

While you wait for the ambulance:

- Place the person on his or her side.
- Do not induce vomiting.
- Check to see if the person is breathing.
- Check wrist for pulse.

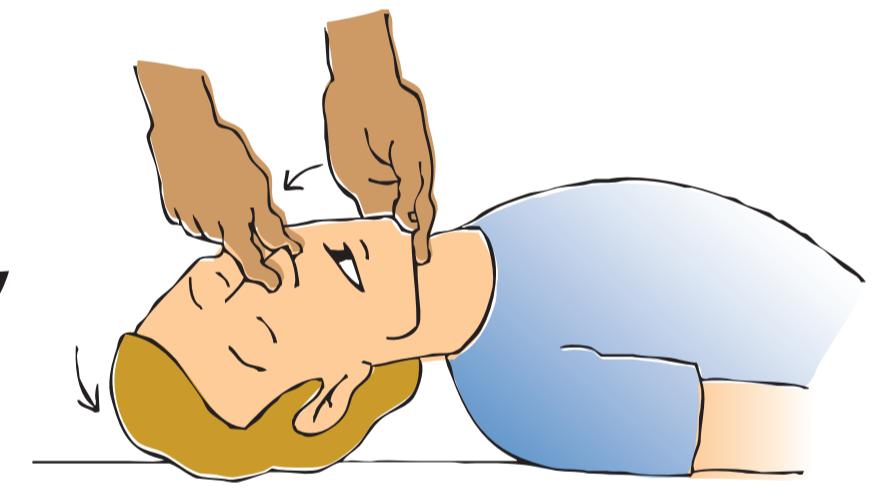
Be able to tell the ambulance staff anything you can about the drugs the person has taken. If you cannot stay, leave a note with the information.

3 Do Rescue Breathing if the Person is Not Breathing.

- 1 Make sure nothing is in the mouth.



- 2 Tilt head back, lift chin, pinch nose.



- 3 Breathe in mouth once every 5 seconds.



For free information on prevention, treatment and other services,
call 1-800-327-5050 (TTY 1-617-536-5872).